

**CURRICULUM VITAE**

**LYNN E. PONTON, M.D.**

**Current Title: Professor of Psychiatry (Clinical X Series)  
University of California, San Francisco**

**PERSONAL**

Two daughters, born 1983, 1985

**EDUCATION**

University of Wisconsin, Madison B.A., Cum Laude, Biochemistry	1969-1973
Pasteur Institute, Paris, France Research Assistant, Biochemistry	1973-1974
University of Wisconsin, Madison M.D., Medicine	1974-1978
Maudsley and King's College Medical School London, England	1977-1978
St. Vincent's Hospital, New York City Resident, Pediatrics	1978-1979
University of Pennsylvania, Philadelphia Resident, Adult Psychiatry	1979-1980
Langley Porter Psychiatric Institute University of California, San Francisco Resident, Adult Psychiatry	1980-1981
Langley Porter Psychiatric Institute University of California, San Francisco Fellow, Child/Adolescent Psychiatry	1981-1983
San Francisco Psychoanalytic Institute Psychoanalytic Trainee (Graduated 1992)	1983-1992
Ongoing Continuing Medical Education	1983-present

**EMPLOYMENT**

<u>University of California, San Francisco</u> Professor of Psychiatry	1994-present
Adjunct Associate Professor of Psychiatry	1988-1994
Adjunct Assistant Professor of Psychiatry	1983-1988

## HONORS AND AWARDS

American Academy of Child and Adolescent Psychiatry Charter Fellowship Lecturer Award Mentor for Charter Fellows (chosen for research in risk-taking behavior among adolescents and teaching skills)	1991
UCSF - Langley Porter Institute Psychiatry Residents Association Award for Excellence in Teaching	1992-1993
San Francisco Medical Society Nominee to Women's Leadership in Medicine	1993
<b>American Boards of Psychiatry, Child &amp; Adolescent Psychiatry, and Pediatrics</b>	
Board Examiner in Adult Psychiatry	1988-present
Mock Board Examiner in Child/Adolescent Psychiatry	1986-present
Board Examiner in Child/Adolescent Psychiatry	1990-present
Appointed to the American Board of Psychiatry & Neurology's Committee on Certification in Child/Adolescent Psychiatry	1994-2002
Appointed as Psychiatry Liaison to the American Board of Pediatrics (Adolescent Medicine Subcommittee)	1994-2002
Advocate Role Model Award, "Catcher in the Rye Award," the American Academy of Child & Adolescent Psychiatry	1995
Listed, <i>Best Doctors in America, Pacific Coast Region</i>	1996-present
Listed, <i>Best Doctors in America</i>	1997-present
Invited Guest Member, Group for Advancement of Psychiatry	1996
Award for Outstanding Media Spokesperson Granted by the American Academy of Child & Adolescent Psychiatry for an appearance on National Public Radio discussing <i>The Romance of Risk: Why Teenagers Do the Things They Do</i>	1997
Distinguished Publication Award, British Medical Society for <i>Handbook of Adolescent Health Risk Behavior</i>	1998
Richard L. Frank Memorial Lecture Award, Mt. Sinai Hospital	1999
<i>Redbook</i> Magazine Movers & Shakers Award for work with adolescents	1999
Honorable Mention, Howe Golden Quill Awards For " <i>Teenagers and Sexuality at Camp</i> "	2001
San Francisco Magazine "Top 500 Doctors"	2001
America's Top Doctors, Castle-Connolly Guide	2002-present
Who's Who of American Women	2008

## SOCIETY MEMBERSHIPS

American Psychiatric Association*	1979-present
American Medical Women's Association	1981-1987
Northern California Psychiatric Society	1981-present
American Academy of Child and Adolescent Psychiatry*	1983-present
American Society of Adolescent Psychiatry	1984-present
Regional Organization of Child & Adolescent Psychiatry	1984-present

Bay Area Adolescent Psychiatry Association (Co-Founder)	1984-present
Child and Adolescent Unit Directors of Northern California	1987-1991
San Francisco Medical Society	1990-present
California Psychiatric Association	1990-present
California Medical Association	1990-present
San Francisco Psychoanalytic Institute	1992-present
University of CA at Berkeley Canadian Studies Department	2002-present

\*indicates Fellow status

### **INVITED LECTURES AND PRESENTATIONS AT SCIENTIFIC AND PROFESSIONAL MEETINGS**

American Psychiatric Association <i>Dual doctor couples: Taking different roles</i> <i>Group mentorship in psychiatry training</i> <i>(2 presentations)</i>	1982
American Psychiatric Association <i>Dual doctor couples study: Results</i>	1983
American Medical Women's Association <i>Women Academics and Mentorship</i>	1983
Child Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Adolescent pregnancy and response to therapist pregnancy</i>	1984
Adult Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Treatment of adolescent refugees</i>	1985
Regional Organization of Child & Adolescent Psychiatry Annual Meeting <i>Inpatient treatment of adolescents</i>	1985
American Association of Anesthesiology <i>Affective disorders</i>	1985
Academy of Child and Adolescent Psychiatry <i>Adolescents' reactions to a therapist's pregnancy</i>	1985
Academy of Child and Adolescent Psychiatry <i>Adolescents at risk for psychiatric pathology in the refugee population</i> <i>A model for treatment of adolescent refugees</i> <i>(2 presentation)</i>	1986
Child Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Psychiatric diagnosis of adolescent refugees</i>	1986
Psychiatry Grand Rounds Kaiser Permanente Medical Center, San Francisco <i>Eating disorders</i>	1986
San Francisco Psychoanalytic Society	1986

Symposium on Day Care	
Adult Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Premature termination in adolescent inpatients</i>	1986
Child Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Adolescent pregnancy</i>	1986
Regional Organization of Child & Adolescent Psychiatry Annual Meeting <i>Termination on an adolescent inpatient unit</i>	1986
Psychiatry Grand Rounds Kaiser Permanente Medical Center, San Francisco <i>Adolescent pregnancy</i>	1986
San Francisco Unified School District <i>Adolescent Pregnancy</i>	1986
Child Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>AIDS and adolescents in San Francisco (2-part)</i>	1987
Regional Organization for Child & Adolescent Psychiatry Annual Meeting <i>AIDS and our role as child psychiatrists</i>	1987
Psychiatry Grand Rounds Kaiser Permanente Medical Center, San Francisco Bi-monthly speaker and leader	1987
Academy of Child and Adolescent Psychiatry <i>Presentation on adolescent sexuality, pregnancy, and parenthood in the Institute on Adolescent Development Premature termination from adolescent inpatient treatment New Research on inpatient adolescent suicide attempts (3 presentations)</i>	1987
Adult Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Aids and adolescents and AIDS education for psychiatric inpatients</i>	1988
Academy of Child and Adolescent Psychiatry & the University of Washington: Joint Meeting on AIDS and Psychiatrically Hospitalized Adolescents <i>Risk taking behavior in adolescents</i>	1988
American Society of Adolescent Medicine <i>Adolescents at risk for AIDS</i>	1988
Academy of Child and Adolescent Psychiatry <i>AIDS interventions for adolescents in the psychiatric population</i>	1989

American Society of Adolescent Medicine <i>AIDS-related risk behaviors in the adolescent psychiatric population</i> <i>Adolescent suicide and depression</i> <i>Cutting behavior</i> <i>(3 presentations)</i>	1989
American Psychoanalytic Association <i>The psychoanalyst's role in the AIDS epidemic</i>	1989
Pediatrics Grand Rounds University of California, San Francisco <i>New advances in adolescent depression</i>	1989
Regional Organization for Child & Adolescent Psychiatry Annual Meeting <i>HIV Workshop</i> <i>Risk factors in psychiatrically hospitalized adolescents</i> <i>(2 presentations)</i>	1989
Behavioral Pediatrics Grand Rounds University of California, San Francisco <i>Advances in adolescent depression</i>	1989
Psychiatry Grand Rounds Herrick Hospital, Berkeley, CA <i>Ethical questions in adolescent psychiatry</i>	1990
Psychiatry Grand Rounds University of California, Davis <i>Adolescent dreams</i>	1990
Psychiatry Grand Rounds Napa State Hospital, Napa, CA <i>Crises in adolescent inpatient treatment</i>	1990
Child and Adolescent Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Ethics in inpatient adolescent psychiatry</i>	1990
Psychiatry Grand Rounds Langley Porter Psychiatric Institute <i>Child and adolescent response to the 1989 Loma Prieta Earthquake</i>	1990
Regional Organization of Child & Adolescent Psychiatry Annual Meeting <i>Adolescent psychiatric care at a state hospital</i> <i>Earthquake follow-up study</i> <i>(2 presentations)</i>	1990
Northern California Psychiatric Society Annual Meeting Results of the earthquake follow-up.	1990
Academy of Child and Adolescent Psychiatry <i>Developing psychiatric interventions for AIDS-infected teens</i>	1990

American Society of Adolescent Medicine <i>AIDS education/prevention in psychiatrically hospitalized adolescents</i> <i>AIDS education for adolescents</i> <i>(2 presentations)</i>	1990
National Association of Hospitals <i>Models for AIDS education on inpatient psychiatric units</i>	1990
Child and Adolescent Psychiatric Conference Langley Porter Psychiatric Institute <i>Psychotherapy with adolescent girls</i>	1991
Psychiatry Grand Rounds Napa State Hospital, Napa, CA <i>Child and adolescent inpatient treatment</i>	1991
California Child & Adolescent Psychiatric Society Annual Meeting <i>Aids and adolescents</i> <i>Risk-taking behavior in adolescents</i> <i>(2 talks)</i>	1991
San Francisco Medical Society San Francisco, CA <i>Developing psychiatric interventions for homeless children and adolescents</i>	1991
Regional Organization for Child & Adolescent Psychiatry Annual Meeting <i>Ethics in inpatient adolescent psychiatry</i> <i>Ethics of psychiatry in training psychiatrists</i> <i>(2 presentations)</i>	1991
Academy of Child and Adolescent Psychiatry <i>HIV risk factors in psychiatric populations</i> <i>Brief inpatient treatment of children and adolescents</i> <i>Psychotherapy with adolescent girls</i> <i>Developing a psychiatric model to care for HIV-infected children and adolescents</i> <i>(4 presentations)</i>	1991
Society for Research in Child Development <i>Child and adolescent response to an earthquake: A follow-up study</i>	1991
Update in Adolescent Health Care (Mexico) <i>Emergency of a risk factor: Cutting behavior in adolescents</i> <i>Identification of depression in adolescents</i>  <i>Psychic trauma in the adolescent</i> <i>(3 presentations)</i>	1991
American Society for Adolescent Psychiatry <i>Psychotherapy with Asian Adolescents</i> <i>The HIV-Infected Adolescent</i>	1991

*(2 presentations)*

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|---|------|
| Special Presentation<br>Langley Porter Psychiatric Institute<br><i>Developing interventions on child and adolescent psychiatric units</i>   | 1992 |
| Joint Symposium on Adolescent Development<br>Yale University & Stamford Hospital, Stamford, CT<br><i>Mothers and daughters: Changing relationships</i>  | 1992 |
| Joint Symposium<br>Children's Hospital, Oakland, CA & American Academy of Pediatrics<br>Monterey, CA<br><i>The adolescent mind: Adolescent depression (two presentations)</i>                                   | 1992 |
| San Francisco Medical Society<br>San Francisco, CA<br><i>Psychiatric care: University perspective</i><br><i>Financial limits on care: University perspective (2 presentations)</i>                              | 1992 |
| American Society for Adolescent Psychiatry<br><i>Adolescent Eating Disorders</i><br><i>Adolescent Affective Disorders (2 presentations)</i>   | 1992 |
| Academy of Child and Adolescent Psychiatry<br><i>The role of the child and adolescent psychiatrist in treating the HIV epidemic</i><br><i>Treatment of twins: Case presentation of trauma (2 presentations)</i> | 1992 |
| National Meetings of American Colleges<br><i>Research advances in child and adolescent development: A multi-cultural approach</i>   | 1992 |
| Pediatric Grand Rounds<br>Children's Hospital, Oakland, CA<br><i>Eating disorders</i>   | 1993 |
| East Bay Psychiatric Society<br><i>Sexual harassment of adolescent girls</i>  | 1993 |
| Grand Rounds<br>First Hospital, Vallejo CA<br><i>Depression among adolescents</i>   | 1993 |
| American Society for Adolescent Psychiatry<br><i>Adolescent Eating Disorders</i><br><i>Adolescent Affective Disorders</i>   | 1993 |
| American Society for Adolescent Medicine<br><i>Psychotherapy with HIV-infected adolescents</i><br><i>Faculty Presenter on Resident's Symposium (2 presentations)</i>  | 1993 |

Academy of Child and Adolescent Psychiatry <i>The expanding role of the child and adolescent psychiatrist in the AIDS epidemic</i> <i>Symposium: An International Perspective on AIDS and Youth</i>	1993
Kevin Collins Lecturer Kevin Collins Foundation, San Francisco, CA <i>Talking with children and adolescents about risk factors</i>	1994
American Association of University Women Stanford University, Stanford, CA <i>Gender, women, and academics</i>	1994
Central California Psychiatric Society Annual Meeting <i>Gender discrimination and harassment of children and adolescents</i>	1994
Regional Organization of Child & Adolescent Psychiatry Annual Meeting <i>Sexual harassment of adolescent females</i> <i>Gender issues</i> <i>Gender research in the schools</i> <i>(3 presentations; organized and led entire meeting on Gender Issues in Child and Adolescent Psychiatry)</i>	1994
Psychiatry Grand Rounds and Invited Professor University of Wisconsin at Madison, WI <i>Gender issues in psychotherapy</i> Adolescent Case Conference Presentation and Interview	1994
American Society for Adolescent Psychiatry <i>Eating Disorders among Adolescents</i> <i>Adolescent Risk Behavior and Sexuality</i>	1994
American Society for Adolescent Medicine <i>Eating disorders among Native American females</i>	1994
American Academy of Child & Adolescent Psychiatry <i>Training Child and Adolescent Psychiatrists to Work with Underserved Populations</i> <i>HIV Symposium: Curriculum for the Child and Adolescent Psychiatrist</i>	1994
American Academy of Child and Adolescent Psychiatry <i>The Role of the Child &amp; Adolescent Psychiatrist in a Disaster</i> <i>Sexual History-Taking with Adolescents</i>	1995
American Society for Adolescent Medicine <i>Adolescent Affective Disorders</i> <i>Risk-Taking Behaviors</i>	1995
American Academy of Child & Adolescent Psychiatry <i>Risk-Taking Behavior in Adolescence</i> <i>Therapy for the HIV-Infected Adolescent</i>	1996



Developmental Issues for Professional Women University of California, San Francisco Program for Women <i>Career and Parenting</i>	1996
Commemorative Talk for 20th Anniversary San Francisco Psychoanalytic Institute <i>Psychoanalytic Perspectives on AIDS</i>	1996
Keynote Speaker San Francisco Alliance for the Mentally Ill <i>Adolescent Mental Health</i>	1996
Invited Speaker 1996 National AIDS Update Conference <i>HIV and the Well-Being of Adolescents</i>	1996
Invited Lecturer Haifa University Jerusalem, Israel <i>Adolescent Risk-Taking</i>	1997
Psychiatry Grand Rounds New Jersey Medical School <i>Adolescent Risk-Taking Behavior</i>	1997
Pediatric Grand Rounds University of California, San Francisco <i>Disordered Eating: A Risk-Taking Behavior</i>	1997
Keynote Speaker University of California Program for Women: Developmental Issues for Adolescent Girls <i>Risk-Taking and Adolescent Girls</i>	1997
Child Psychiatry Grand Rounds University of California, San Francisco <i>The Romance of Risk: Adolescent Risk-Taking</i>	1997
Adult Psychiatry Grand Rounds University of California, San Francisco <i>Theories of Adolescent Risk-Taking</i>	1997
Brown Bag Luncheon Presentation University of California, San Francisco <i>The Romance of Risk: Understanding Adolescent Risk-Taking</i>	1997
Invited Speaker Parents' Coalition of San Francisco High Schools <i>The Romance of Risk</i>	1997
Invited Speaker San Francisco Teen Pregnancy Program <i>The Romance of Risk</i>	1997
American Academy of Child & Adolescent Psychiatry <i>Sexual Harassment of Children and Adolescents</i>	1997

<i>The Romance of Risk: Theories of Adolescent Risk-Taking</i>	
Child Psychiatry Grand Rounds Stanford University <i>The Romance of Risk: Understanding Adolescent Risk-Taking</i>	1998
Keynote Speaker Redwood High School Annual Presentation for Parents <i>The Romance of Risk: Adolescent Risk-Taking</i>	1998
Keynote Speaker Nat'l Association of Children's Camps <i>The Romance of Risk: Adolescent Risk-Taking</i>	1998
Invited Presentation Meeting of Forensic Psychiatry, San Francisco <i>Adolescent Treatment</i>	1998
Invited Presentation California State University, San Francisco <i>Adolescent Risk-Taking</i>	1998
Invited Presentation Santa Clara University Alumnae Association <i>Adolescent Risk-Taking</i>	1998
Obstetrics & Gynecology Grand Rounds University of California, San Francisco <i>Adolescent Risk-Taking and Sexuality</i>	1998
Grand Rounds Chinatown Health Center <i>The Adolescent Patient</i>	1998
Pediatrics Grand Rounds California-Pacific Medical Center <i>Risk-Taking and Adolescence</i>	1998
Visiting Professor Medical College of Virginia	1998
Visiting Professor University of Winnepeg	1998
International Association of Child & Adolescent Psychiatry <i>Adolescent Risk-Taking</i>	1998
American Academy of Child & Adolescent Psychiatry <i>Adolescent Risk-Taking</i> <i>Work with Dying Adolescents</i> <i>Adolescent Play: A Risky Game</i>	1998
American Psychiatric Association <i>Adolescent Risk-Taking &amp; Play</i>	1999
American Society for Adolescent Medicine <i>Adolescent Suicide</i>	1999

American Academy of Child & Adolescent Psychiatry <i>Cross-Cultural Work with Children &amp; Adolescents</i> <i>Post-disaster</i> <i>The Child &amp; Adolescent Psychiatrist Working with</i> <i>Disaster and Trauma</i> <i>Going, Seeing, Learning: Cuban Psychiatry &amp; Health Care</i>	1999
Program for Parents: Challenges of Adolescence UCSF Child/Adolescent Psychiatry Group & Brown & Toland Medical Group, Co-Sponsors <i>Positive Risk-Taking Behavior</i>	1999
Richard L. Frank Memorial Lecturer & Grand Rounds Speaker Mt. Sinai- New York University Dept. of Psychiatry <i>Conflict &amp; Confidentiality about Patient Records</i> <i>The Romance of Risk: Why Teenagers Take Chances</i>	1999
Speaker, UCSF Panel on Littleton, CO Shootings San Francisco, CA	1999
Invited Lecturer Stanford University <i>Sexual Harassment</i>	1999
Psychiatry Grand Rounds John Muir Hospital Walnut Creek, CA <i>Adolescent Risk-Taking</i>	1999
Keynote Speaker Nat'l Assoc. of Camp Directors <i>Adolescent Risk-Taking</i>	1999
Keynote Speaker Colorado Psychiatric Society <i>Littleton: One Year Later</i>	2000
Keynote Speaker American Society of Adolescent Psychiatry Phoenix, AZ <i>Adolescent Sexuality</i>	2000
Panel Member Friends of Langley Porter Psychiatric Institute <i>The Upside Down World of Growing Up:</i> <i>A Panel Discussion on Children &amp; Adolescents</i>	2000
Pediatric Grand Rounds San Francisco General Hospital <i>The Sexual Lives of Teenagers</i>	2000
Speaker Pacific Medical Center <i>The Sexual Lives of Teenagers</i>	2000
American Academy of Child & Adolescent Psychiatry <i>Sexual Harassment and the power of Sex</i>	2000

American Academy of Child & Adolescent Psychiatry <i>Sexual Harassment and the Power of Sex</i>	2000
Brown University <i>Sexual Risk-Taking</i>	2001
Keynote Speaker American Camping Association <i>The Sexual Landscape of America's Teens</i>	2001
American Academy of Child & Adolescent Psychiatry <i>Sexual Harassment of Children and Adolescents</i>	2001
Keynote Speaker Edgewood Center Series, San Francisco <i>Risk-Taking</i>	2001
American Academy of Child & Adolescent Psychiatry Led Town Meeting on Disaster & Trauma: <i>The Aftermath of 9/11</i>	2001
American Academy of Child & Adolescent Psychiatry <i>Sexual Violence: Impact on Families, Communities and Our Culture</i>	2001
American Academy of Child & Adolescent Psychiatry <i>Update: Sexual Harassment of Children and Adolescents</i>	2001
National Camping Association <i>Risk-Taking &amp; Adolescents/Adolescent Sexual Risk-Taking</i>	2002
Brown University <i>State of Rhode Island Parenting Matters: Child &amp; Adolescent Response to Disasters</i>	2002
UCSF Child Psychiatry Grand Rounds <i>Two Adolescents Traumatized by the Loss of Their Legs</i>	2002
Keynote Speaker Washington State Psychiatric Association <i>Adolescent Female Development</i>	2002
Symposium Member The Friends of the San Francisco Psychoanalytic Institute & Society <i>Adolescence, Violence, and Fanaticism: Peace or Pieces?</i>	2002
Keynote Speaker UCSF Premiere of <i>Coming of Age</i> Sponsored by the California Women's Mental Health Policy Council	2002
American Academy of Child and Adolescent Psychiatry <i>Sexual Abuse of Boys by Clergy</i>	2002
Speaker	2002

Brown University <i>Helping Children Deal with Disaster and Trauma</i>	
Speaker Washington State Psychiatric Association <i>Adolescent Female Development</i>	2002
Keynote Speaker National Organization on Adolescent Pregnancy, Parenting and Prevention, Inc. <i>Risk-Taking</i>	2002
Keynote Speaker American Camping Association	2003
American Society of Adolescent Psychiatry <i>Sexual Abuse of Boys by Clergy</i>	2003
American Psychiatric Association <i>Sexual Abuse of Boys by Clergy</i>	2003
Keynote Speaker American Camping Association <i>Adolescent Risk-taking</i>	2003
Keynote Speaker Pinch-Me-Films <i>Adolescent Sexuality</i>	2004
Gifted Clinician Presentation American Academy of Child and Adolescent Psychiatry	2004
Grand Rounds Speaker Brown University <i>Writing About Adolescents</i>	2004
Speaker Pacific Medical Center <i>Working with High Risk Adolescents</i>	2004
Speaker University of CA at Berkeley – Canadian Studies Department <i>Métis</i>	2004
Speaker Chestnut Lodge, Washington, DC <i>Adolescent Psychotherapy</i>	2005
Child and Adolescent Grand Rounds Speaker University of CA, San Francisco <i>A Depressed Adolescent</i>	2005
Invited Speaker University of South Africa, Cape Town <i>Adolescent Risk-taking in the U.S.</i>	2005
Psychiatry Ground Rounds Speaker Herrick Hospital, Berkeley, CA	2005

*Sexual Abuse by Clergy*

American Academy of Child and Adolescent Psychiatry <i>Adolescent Psychotherapy</i>	2005
AACAP/CACAP Joint Annual Meeting Clinical Case Conference: <i>Moments in Psychotherapy</i>	2005
San Francisco Psychoanalytic Institute San Francisco, CA <i>Adolescent Therapy</i>	2006
University of California Retreat on PTSD <i>Discussant on Treatment of Children and Adolescents with PTSD</i>	2006
University of California Child Psychiatry Grand Rounds <i>Discussant on Winnicott</i>	2006
Washington D.C. American Psychoanalytic Association Discussant on Adolescent Treatment of Eating Disorders	2006
San Francisco Psychoanalytic Institute Interviewer of and Presented with Dr. Haydee Feinburg	October 2006
UCSF Grand Rounds Discussant Alexis Anderson	2007
UCSF Grand Rounds Discussant Jon Boone	2007
University of California Child Psychiatry Grand Rounds Discussant on Eating Disorders	April 2007
University of California Conference on PTSD Presenter PTSD in Children and Adolescents	November 2007
Keynote Speaker at National Meeting Lesbian Physicians Monterey, CA Adolescent Risk-Taking	July 2008
Keynote Speaker at American Academy Indian Physicians Coeur d'Alene, Idaho Challenges of Adolescent Identity	July 2008

**LICENSURE**

State of California Medical License No. G-043096  
Diplomat, National Board of Medical Examiners, 1979  
Certified, American Board of Neurology and Psychiatry, 1985  
Certified, American Board of Child/Adolescent Psychiatry, 1985  
Certified, American Psychoanalytic Association, 1992

**PROFESSIONAL SERVICE (REGIONAL)**

Northern California Psychiatric Society Vice Chair, Women's Committee	1981-1983
American Academy of Child and Adolescent Psychiatry Committee on Adolescents	1985-present
Child Psychiatry Grand Rounds Kaiser Permanente Medical Center, San Francisco Leader and Organizer	1988
Child and Adolescent Unit Directors of Northern California Chairperson	1988-1991
Northern California Psychiatric Society Hospital Committee	1988-1991
Regional Organization of Child & Adolescent Psychiatry Chairperson, Child and Adolescent Psychiatric Hospital Committee	1988-1991
Northern California Psychiatric Association Chairperson, Child and Adolescent Psychiatric Committee	1989-2003
Northern California Psychiatric Society Secretary	1990-1992
Northern California Psychiatric Society Vice President	1992-1993
Regional Organization of Child and Adolescent Psychiatry President-Elect	1993-1994
Regional Organization of Child and Adolescent Psychiatry President	1994-1995
California Institute for Mental Health Contributing Member	1998-present

**PROFESSIONAL SERVICE (NATIONAL)**

Academy of Child and Adolescent Psychiatry: Member, Committee on Adolescents	1986-2006
American Society for Adolescent Psychiatry: Member, National Committee on AIDS and Adolescents	1988-present
Academy of Child and Adolescent Psychiatry: Member, Committee on AIDS	1988-present
American Board of Adolescent Psychiatry: Founding Member, Task Force on the Development of Residency Programs	1989-present
American Academy of Child and Adolescent Psychiatry Founding Chair, Committee on Disaster Response	1994-2007
American Academy of Child & Adolescent Psychiatry	1999-2002

Councilor at Large, Officer of the Academy

American Academy of Child & Adolescent Psychiatry 2000-present  
Developing Practice Parameter,  
On Psychotherapy with Adolescents

American Academy of Child and Adolescent Psychiatry pending  
Currently nominated for Nominating Committee 2008

### SERVICE TO JOURNALS

Reviewer for *Journal of Adolescence* 1990-present  
Reviewer for *American Journal of Diseases of Children* 1991-present  
Special reviewer for *Journal of the American Academy of Child and Adolescent Psychiatry* 1992-present  
Special reviewer for *Journal of Youth and Adolescence* 1992-present  
Special reviewer for *Pediatrics* 1993-present  
Special reviewer for *Journal of Adolescent Health Care* 1995-present  
Special reviewer for the *Encyclopedia of Mental Health* 1996  
Special reviewer for *Western Journal of Medicine* 1998

### UNIVERSITY SERVICE

University of California, San Francisco  
Langley Porter Psychiatric Institute

Assistant Director, Adolescent Unit 1983-1986  
Ad Hoc Pregnancy Leave Committee 1984-1986  
Utilization Review Committee 1984-1987  
Accreditation Committee 1984-1988  
    Vice-Chair 1984-1986  
    Chair 1986-1988  
Medical Staff 1984-present  
Director, Adolescent Unit 1986-1989  
Pharmacy and Therapeutics Committee 1988-1990  
Accreditation Committee (2nd tenure) 1994-present  
Women's Health Curriculum Advisory Panel 1994-1995  
Chair, Women's Support Committee 1995-present  
Invited Speaker, Affirmative Action Day Rally 1995  
    *Gender Discrimination: A Personal Perspective*  
Ad Hoc Tenure or Change of Service Review Committees  
    for the Chancellor  
    Chaired 1 Review, Participated in 3 1996  
    Chaired 1 Review, Participated in 4 1997  
    Chaired 1, Participated in 2 1998  
    Chaired 2, Participated in 4 1999  
    Chaired 3, Participated in 4 2000  
    Chaired 2, Participated in 4 2001  
    Chaired 1, Participated in 2 2002  
    Chaired 1, Participated in 2 2003  
    Chaired 2 2004  
    Participated in 2 2006  
    Participated in 2 2007  
  
Organized *Weaving Women's Lives* 1996  
for Women Faculty & Residents  
Symposium on issues around integration of career  
Academic Senate Committee on Rules and Jurisdiction 1996-2006



San Francisco Division	
Vice-Chair	1997
Chair	1998-2001
Departmental Promotion & Tenure Committee	1998-1999
Departmental Well-Being Committee	2003-present
"Take Our Daughters to Work Day" Organizing Committee	1995-2008
Luncheon Keynote Speaker	1996
Developed <i>Treasure Hunt for the Mind</i>	1997
Luncheon Keynote Speaker &	
Developed <i>Maps for Mentorship</i>	1998
Developed <i>Adolescent Sexuality in Films</i>	1999-2002
Chair of Entire Project	2002
Keynote	2004
Presenter	2005
Presenter	2006
Friends of Langley Porter Speaker	2000
<i>Adolescent Risk-Taking</i>	
Fund-Raising Event	2001
Pediatrics Department – <i>Adolescent Risk-Taking</i>	
Organized CME course on Child & Adolescent Psychiatry	2002-2003
Department of Psychiatry, UCSF	
Archived Professional Lecture on Videotape and Website	2006
University of California San Francisco	
<i>Romance of Risk</i>	

## **TEACHING**

### **University of California, San Francisco**

#### **Course Instruction and Clinic Leadership**

Child & Adolescent Consult Liaison Seminar	1994-present
(Course Director)	
(100 hours/year)	
(Psychiatry Residents & Child Psychiatry Fellows)	
Child & Adolescent Psychiatry Walk Rounds	1994-present
(200 hours/year)	
(Child Psychiatry Fellows, Psychology Graduate	
Students, Pediatric Residents, Medical Students)	
Psychopathology of Children	1983-present
(12 hours/year)	
(Child Psychiatry Fellows)	
Family Therapy	1983-1988
(Child Psychiatry Fellows)	
Psychopathology of Children and Adolescents	1983-present
(6 hours/year)	
(Psychiatry Residents)	

Biological Foundations of Psychiatry (12 hours/year) (Psychiatry Residents)	1983-1988
Rounds on Adolescent Psychiatry Unit (4 hours/week, year-round) (Adolescent Psychiatry Residents, Psychiatry Interns, and Medical Students)	1983-1989
Adolescent Case Conference (2 hours/week, year-round) (Adolescent Psychiatry Resident, Psychiatry Interns, and Medical Students)	1983-1989
Core Psychiatry for Medical Students (6 hours/year) (Medical Students)	1985-1989
Core Curriculum in Adolescent Medicine (24 hours/year) (Adolescent Medicine Fellows, Pediatric Residents)	1987-present
Core Curriculum in Pediatrics (180.01D) (10 hours/year) (Adolescent Medicine Fellows, Pediatric Residents)	1988-present
Psychiatry 100A (15 hours/year) (Medical Students)	1989-present
Child and Adolescent Psychotherapy (Course Director) (120 hours/year) (Psychiatry Residents)	1990-present
Psychiatric Consultations to Adolescent Medicine (200-250 hours/year) (Senior Child Psychiatry Fellows, Adolescent Medicine Fellows, Pediatric Residents, Medical Students)	1990-present
Legal & Ethical Issues in Child Psychiatry (5 hours/year) (Child Psychiatry Fellows)	1993
Obesity and Eating Disorders (Elective) (10 hours/year) (Medical Students)	1993-2004
Body Image and Self-Esteem (under Adolescent Medicine) (8 hours/year) (Medical Students)	1993-2004
Introduction to Clinical Medicine (5 hours/year - adolescent case)	1994-present
Child Psychiatry Outpatient Rotation (3-5 hours/year)	1994-present

(Psychiatry Residents)

Women's Issues and Psychotherapy (3 lectures in 10-lecture series) (Psychiatry Residents)	1994-2003
High Risk Adolescents (Pediatrics/Psychiatry Elective) (3-5 hours/year) (Medical Students)	1999-present
Writing and Psychiatry (Residents and Fellows, electives)	2008
Sexual Decision-making with Adolescents (Elective medical student course)	2008

### **SUPERVISION**

Individual Supervision (2 hours/week, year-round) (Psychiatry Residents, Medical Students)	1983-present
Milieu Therapy Supervision (4 hours/week, year-round) (Psychiatry Residents, Interns, and Medical Students)	1983-1989

Supervision of Psychiatry Residents and Fellows  
Supervised approximately 35 residents and child  
psychiatry fellows on research projects; co-authored 7 papers  
with residents during this time; ongoing, after-hours  
consultations with all residents, interns, and students  
under current supervision.

Cathy Budman, M.D.; Psychiatry Resident	1985-87
Kavitha Rao, M.D.; Psychiatry Resident (Recipient of Resident Research Award, Amer. Acad. Child and Adol. Psychiatry)	1990-91
Jonathan Allen, M.D.; Adolescent Medicine Fellow	1991-92
Amy Tyson, M.D.; Child Psychiatry Fellow (3321 Sacramento., SF, CA 415/474-9632)	1993-94
James Bae, M.D.; Adult Psychiatry Resident (189 Magnolia, SF, CA 415/440-8998)	1996-1999
Doris Sarni, M.D.; Child Psychiatry Fellow (915 Cole #197, SF, CA 415/753-9833)	1997-1998
Mark Duggins, M.D.; Child Psychiatry Fellow (Kaiser Permanente, SF, CA 415/202-2292)	1998-1999
Michael Saal, M.D.; Child Psychiatry Fellow (3608 Sacramento SF, CA 415/346-6431)	1998-1999
Laura Vermillion, M.D.; Child Psychiatry Fellow	1999-2000
Gabrielle Taylor, M.D.; Child Psychiatry Fellow	2000-2001
John Barker, M.D.; Child Psychiatry Fellow	2001-2002
Rodney Erwin, M.D.; Child Psychiatry Fellow	
Paul Abrinko, M.D.; Child Psychiatry Fellow	
Lisa Inman: Brown medical student, Psychiatry Resident at UCSF	
Madeleine Lansky, M.D.; Child Psychiatry Fellow	2002-2003
Erica Shoemaker, M.D.; Child Psychiatry Fellow	
Andrew Haber, M.D.; Child Psychiatry Fellow	2003-2004

Sue Lee, M.D.; Child Psychiatry Fellow	
Susan Hobbins, MD; Psychiatry Resident	
Mark Knight, MD; Psychiatry Resident	
Steve Morris, MD; Psychiatry Resident	
Marci Hall-Mennes, MD; Psychiatry Resident	2004-2005
Karla Petersen, MD; Psychiatry Resident	
Eva Ihle, MD; Psychiatry Resident	
Susan Hobbins, MD; Psychiatry Resident	
Veronica Saleh, MD; Psychiatry Resident	
Selene Luk, MD; Psychiatry Fellow	2007-2008
Winston Chung, MD; Psychiatry Fellow	
Jon Boone, MD; Psychiatry Fellow	
Supervision of Medical Students (year-long or summer students)	
Suzanne Binder (UCSF Medical Student)	1992-94 (publications in 1996)
Lisa Niver (UCSF Medical Student)	1993-94
Aurelie Francois (French Medical Student)	1999

#### San Francisco Psychoanalytic Institute

The Adolescent and Psychic Trauma (Extension division)	1990-1991
Adolescent Case Conference (Extension Division)	1991-1995
Case Conference (Regular Curriculum for Candidates)	1992
Research and Analysis Symposium (for Candidates)	1996
Symposium on Adolescent Violence	2002

#### Other Postgraduate Courses

Eating Disorder Symposium at Stanford University Invited Lecturer	1984
Friends of Langley Porter Yearly Symposia Invited Lecturer	1984
Child/Adolescent Psychiatry Clinical Curriculum Course Invited Faculty	1987-present
Adolescence in the Health Medical Science Program Invited Lecturer at U.C. Berkeley	1989-1990, 1991-1992

#### TEACHING AIDS PREPARED

Assembled videotape library of adolescent families	1983-present
Assembled medical student teaching packet for Adolescent Psychiatry Rotation	1983-present
Assembled Adolescent Psychiatry syllabus and literature packet	1985-present
Developed syllabus for Child and Adolescent Psychotherapy Course for Residents	1990-present
Collaborated on AIDS Curriculum for the Academy of Child and Adolescent Psychiatry	1993-present
Collaborated on Teacher's Television video: <i>Working with Children in a Catastrophe</i>	1994
Developed syllabus for Child & Adolescent Consultation-Liaison Seminar	1993-present
Developed a videotape for nationwide classroom use on adolescent risk-taking	1999
Developed a documentary made by The National Alliance for the Mentally Ill	2003

On my treatment of adolescent girls  
*Coming of Age: Girls At High Risk*  
 Collaborated on training program for Footballers 4 Life 2008

**NATIONAL SERVICE**

Interview with Surgeon General Jocelyn Elders, December 8, 1999. Published in American Academy of Child and Adolescent Psychiatry News, March/April 2000

**COMMUNITY SERVICE**

Lectures, Presentations, Consultations, Media  
*Suicide in Adolescence* 1986  
 One-hour national television special.

*Inpatient Psychiatric Treatment of Adolescents* 1987  
 Half-hour television special; 90-minute radio special.

Kaiser Permanente Medical Center 1987-1992  
 San Francisco, CA  
 Weekly case consultation to child and adolescent staff.

Catholic Archdiocese 1987-present  
 Consultant to developing AIDS education programs for Catholic high schools.

San Francisco's Talkline Program for Homeless Children 1988-present  
 Community consultant.

*De-certification of Treatment for Psychiatrically Hospitalized Adolescents* 1988  
 Half-hour local news (KGO) television program.

PBS's *McNeil-Lehrer Report* 1989  
 De-certification treatment of adolescent news report

*Adolescent treatment and recommendations* 1989  
 Local television (KRON) report.

Adolescent Treatment 1989  
 Local television (Channel 20) report.

Consultant to State Legislature 1989  
 Worked with Mr. Bronson on the De-certification issue's impact on adolescent treatment.

*"Facts for Families: Helping Your Child with the Earthquake"* 1989  
 Wrote and developed booklet jointly sponsored by the American Psychiatric Association and the Academy of Child & Adolescent Psychiatry -- 15,000 copies distributed; served as model for ACAP's *"Facts for Families: Helping Your Children with a Disaster"*

Radio and Television Presentations Related to Child/Adolescent Response to the Loma Prieta Earthquake and Other Natural Disasters (all West Coast stations)	1989-1994
National Advisory Mental Health Council Invited participant for public hearing to speak on adolescent psychiatric issues	1990
Cable News Network: CNN national television coverage On issues related to adolescent immigrant populations	1990
20/20: National television coverage Discussing children and adolescents at risk following disasters	1990
Local television coverage Earthquake follow-up study: child and adolescent response	1990
Participant in Professional Associations' Quarterly Legislative Review of Bills Related to Adolescent Psychiatric Issues	1990-present
National Public Radio Coverage American Psychiatry Association-sponsored program on children and disaster	1991
Local KTVU Television Coverage Presentation regarding follow-up research on children's response to disaster	1991
NBC National Television Program: <i>Helping Your Child with the War</i> Developed and spoke on methods for parents to address topic of war with their children	1991
<i>"Facts for Families: Explaining War to Your Child"</i> Wrote and developed booklet jointly sponsored by American Academy of Pediatrics and American Academy of Child and Adolescent Psychiatry	1991
<i>"Facts for Families: Helping Your Child with the Oakland Hills Fire"</i> Wrote and developed booklet jointly sponsored by American Academy of Pediatrics and American Academy of Child and Adolescent Psychiatry	1991
National NBC Television Coverage On helping children with psychic trauma	1991
National Television Coverage On disasters and children: A long-term perspective	1992
Local Television Coverage	1992

On gender discrimination and issues related to women and adolescent girls

Local KGO Television Coverage Presentation on adolescents and eating disorders	1993
National ABC News Coverage: Lifeline Magazine On adolescents and depression	1994
<i>Marketplace</i> Public Television: Women in Academics	1994
Institute on Disaster Coordination for Children and Adolescents Consultant, lecturer, and reviewers of materials developed by the National Institute of Mental Health based on data collection from Los Angeles and Loma Prieta earthquakes, the Midwest Flood, Hurricane Hugo, and the Oakland Hills Fire	1994
National ABC News Television: Women's Health Week Coverage on discrimination in women's medicine	1994
Trainings for Working with HIV-Infected Adolescents	1994-1995
Consultant to <i>The Seattle Times</i> and <i>Associated Press</i> On adolescent pregnancy	1996
NPR's <i>The Diane Rehm Show</i> : Expert Panel Participant On sexual harassment of children and adolescents	1996
CBS <i>Evening News</i> On adolescents who abandon their newborns	1996
Also more than 200 media interviews (television, radio, print) on adolescent risk-taking following the publication of <i>The Romance of Risk: Why Teenagers Do the Things They Do</i> and <i>The Sex lives of Teenagers</i> (including Fresh Air with Terry Gross and the Montel Willams Show, separate media resume included with this CV)	1997-present
Member, Advisory Board, <i>Vision Youthz</i>	1999-present

**(For a complete list of media, please see attached Media CV)**

### **SERVICE TO ELEMENTARY AND SECONDARY EDUCATION**

*My area of clinical expertise, adolescent risk-taking, is of considerable interest to schools. In an informal manner, I am called by several schools weekly. I agree to participate in many collaborative activities and presentations, but limit or refer other requests because of time commitments. One of the most successful presentations occurred after the recent events in Littleton, Colorado. I was called by a collaborative middle-high school parents' organization, and helped to organize a town meeting which was attended by several hundred parents and included two other psychiatrists as presenters. This year I was the keynote speaker for Marin Parent's Day—a weekend retreat which more than 400 parents attended.*

Lectures: approximately 3/year to public and private schools (faculty, staff, and students) on topics related to adolescent mental health	1983-present
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Presentations: approximately 2/year to public elementary classes on the topic and career of child psychiatry	1993-present
Presentations: Kevin Collins Foundation On the topic of addressing children's safety in an unsafe world to audience of parents, teachers, and community leaders.	1994
Presentation on Risk-Taking Behaviors Marin Country Day School	1994
Presentations on Eating Disorders San Francisco Day School University High School	1995
Psychiatric Consultant to Parents' Coalition (an organization for San Francisco's parents of adolescents)	1995-present
Guest Speaker to Bay Area High School Coalition <i>Disordered Eating</i> <i>Adolescent Girls and Their Bodies</i>	1996
Speaker San Francisco Day School <i>Girls and Risk-Taking</i> <i>Boys and Risk-Taking</i>	1996
Career Day Speaker Rooftop Elementary School <i>Psychiatry: What Is It?</i>	1996
Keynote Speaker Bay Area Teachers and Counselors Yearly Retreat <i>Rethinking Adolescent Risk-Taking</i>	1996
Keynote Speaker Redwood High School Yearly Symposium <i>Adolescent Risk-Taking</i>	1998
Guest Speaker Bay Area High Schools' Coalition <i>Adolescent Risk-Taking (2 presentations)</i>	1998
Speaker Giannini Middle School <i>Adolescent Risk-Taking</i>	1998
Speaker Marin Catholic High School <i>Adolescent Risk-Taking</i>	1998
Speaker Sacred Heart High School <i>Adolescent Risk-Taking</i>	1998
Graduation Speaker Freeman Schools	1998



*The Romance of Risk*

Speaker	SF Parents' Coalition Town Meeting After Littleton, Colorado	1999
Speaker	Bishop O'Dowd High School Parent Assoc. <i>The Romance of Risk</i>	2000
Speaker	Alcalanes High School <i>The Sexual Lives of Teenagers</i>	2000
Speaker	San Francisco Parents Coalition	2001
Speaker	Lowell High School <i>The Sexual Lives of Teenagers</i>	2001
Speaker	Marin Middle Schools <i>The Sexual Lives of Teenagers</i>	2001
Speaker	Cathedral School <i>The Sexual Lives of Children</i>	2001
Speaker	Portola Valley Middle School <i>The Sexual Lives of Teenagers</i>	2001
Speaker	Brandeis Day School	2001
Speaker	ROCAP mtg. (Reg. Org. of Child and Adol. Psych.) <i>The Sex Lives of Teenagers</i>	2001
Speaker	Alcalanes High School	2002
Speaker	Woodside Elementary School <i>The Sexual Lives of Teenagers</i>	2002
Speaker	Hillbrook School <i>Adolescent Risk-Taking</i>	2002
Speaker	Town School <i>The Sexual Lives of Teenagers</i>	2002
Speaker	Marin Primary and Middle School <i>Body Image</i>	2002

Speaker	Coalition For Parents <i>Eating Disorders – Risking the Body</i>	2002
Fundraiser Keynote Speaker	Bay Area Girl’s Center <i>Girls &amp; Risk-Taking</i>	2002
Speaker	Nueva School <i>The Sexual Lives of Teenagers</i>	2002
Speaker	Lick Wilmerdine High School <i>Fostering a Positive Sexual Life for Your Teen</i>	2003
Speaker	Woodside Elementary School <i>Body Image</i>	2003
Speaker	Hillbrook School <i>Body Image</i>	2003
Speaker	Nueva School <i>Early Risk-Taking and Eating Disorders</i>	2003
Speaker	Stevenson School <i>Healthy Versus Unhealthy Risk-Taking</i>	2003
Speaker	Stevenson School <i>Sexual Abuse of Adolescents and Risk-Taking</i>	2004
Speaker	San Francisco Ballet School <i>Disordered Eating</i>	2004
Speaker	San Francisco Ballet School <i>Risk-taking in Adolescent Girls</i>	2005
Speaker	San Francisco Private High School Coalition <i>Adolescent Sexuality and Risk-taking</i>	2005
Speaker	Bay Area Parent’s High School Coalition <i>Adolescent Development</i>	2006
Speaker	Crocker Middle School – Hillsborough <i>Risk-taking in Middle Schools</i>	2006
Speaker		February 2007

The College Preparatory School  
Risk-Taking and Teenage Sexuality  
Oakland, California

Speaker	March 2007
Chinese-American International School Risk-Taking and Teenage Sexuality San Francisco, California	
Keynote speaker	February 2008
Redwood High School Marin Parent's Day Adolescent Risk-Taking	

### **GRANTS**

Investigation of Child and Adolescent Sexual Abuse Supervisor, BRSB Grant, for Dr. Kevitha Rao.	1990-1991
Maternal Crack Use and Its Impact on Children Supervisor, BRSB Grant, for Dr. Suzanne Binder.	1991-1992
Pediatric AIDS: San Francisco -- Service Delivery Psychiatric Consultant to National Institute of Maternal and Child Health and Welfare grant ( to UCSF, SFGH, & UGC) to establish services for HIV-infected youth. Involves active partici- pation in a UCSF-based clinic.	1990-2002

### **CONTRIBUTIONS TO DIVERSITY**

#### **A. Gender Diversity**

One of few women in my medical school class and one of two in my psychiatric residency made me conscious early in my career of the struggles that women face in obtaining academic success in medicine. Perhaps most influential in this regard was my own lawsuit in federal court (Ponton versus Regents of UCSF) filed for sexual discrimination and my class action suit filed with the Equal Employment Opportunity Commission (EEOC) suing for rights for women in academic medicine at the University of California. After a three-year investigation, the EEOC released a finding in my favor citing multiple examples of discrimination against me as an individual academic and women academics as a group at UCSF. As part of the resolution and settlement of these actions, UCSF addressed inequities against women in the areas of hiring, promotion and pay. These actions occupied five years of my young, academic life and were finally settled in 1994. Although 14 years have passed, I am reminded of this period frequently. Faculty, both men and women from institutions throughout the United States call me for advice and counsel regarding academic issues. Supporting and mentoring other academics has increased my own knowledge of this the complex areas contained within the category of gender diversity. I have also participated in several ad hoc committees at UCSF. Many have addressed issues of gender discrimination and harassment.

One of the most fulfilling aspects of this experience has been the requests that I speak to medical students regarding my experiences. Several years ago when the Affirmative Action Policies were being changed throughout UC, I was asked to speak to a rally of hundreds of students regarding my experiences. It was personally rewarding, but more important, following this, students have called me for years with their questions regarding gender equity in their developing careers.

As part of my longstanding commitment to gender issues, I have worked closely with the evolving center on Gender Equity and its director, Amy Levine. Each year I have participated in UCSF's "Bring Your Daughter" evolving into "Bring Your Child" to Work Days. I have served as the overall chairman keynote

speaker, speaking to hundreds of girls, course organizer, and always as the advisor and educator addressing how to communicate with adolescents. During my own career, I have witnessed and participated in many changes regarding the complex interface of gender and academics. I have learned much and it has given me a greater appreciation of my primary work. I enjoy the work with adolescent girls and boys. I have come to recognize how important it is to be exposed to gender issues early, gaining understanding at a time when change is possible.

#### B. Sexual Diversity

Much of my career during the last decade has been dedicated to education on issues of sexual diversity. In 2000 I published a book entitled the *Sex Lives of Teenagers*, which chronicles my work with several teenagers confronting issues dealing with sexual identity. In this book, I also write about the particular issues that gay, lesbian and bi teens face and how their adult mentors, including parents, therapists and teachers, can be of better support to them. In 2003 I wrote an educational pamphlet for the National Mental Health Association entitled *What Does Gay Mean?: How to Talk with Kids about Sexual Orientation*. This pamphlet was distributed to American Families and was featured on several nationally syndicated talk shows. It provides advice to parents on how to create a supportive and open-minded space to talk with their children about these issues, no matter what their sexual preference may be. In 2008 I will be the keynote speaker for the Women in Medicine, Conference for Lesbian Physicians addressing issues of adolescent identity and risk-taking. Discussion and collaboration with this vital group of physicians is an exciting area from which I also hope to learn a great deal.

#### C. Ethnic Diversity

During the past four years, I have contributed much of my research and writing efforts to the study of Native American culture and history, and specifically my own Native American heritage, the Métis. These efforts culminated in a historical novel entitled *Métis* which chronicles the lives of four adolescents spanning four generations of one Métis family. The novel brings in real historical events to focus on how the four teenagers forged a Métis identity, combated Native American racism, and fought for justice. This area of study continues to be a focus and passion of mine. In 2008 I have also been asked to be a keynote speaker for the American Academy of Indian Physicians.

### **CURRENT RESEARCH**

#### Risk-Taking Behaviors and Adolescents

I have been interested in the role of risk-taking behaviors in the development of adolescents, and I began pilot investigations in this area of research in 1986 when I was the director of the Adolescent Inpatient Psychiatric Unit at Langley Porter Institute. My first studies in this area identified the prevalence and correlates of HIV-related risk behaviors in populations of psychiatrically hospitalized adolescents contrasted with comparative populations of San Francisco youth. These studies identified previously unreported areas of HIV-related risk in adolescents: sexual victimization, self-mutilation by cutting, and sharing of cutting implements were all factors much higher in psychiatric populations. The identification of HIV-risk behaviors among adolescent psychiatric populations was followed by the development and testing of prevention programs to target the behaviors. The program, which was developed by the research team I supervised (Ponton, et al., [1991]. An AIDS education and prevention program for psychiatrically hospitalized adolescents, *Journal of the American Academy of Child and Adolescent Psychiatry*, 30:729-735), showed a significant change in adolescent behavioral intention and was subsequently implemented at multiple sites throughout the U.S. and abroad. Many publications followed from this work, including two special editions of major journals on HIV and adolescents which I co-edited (*Journal of the American Academy of Child and Adolescent Psychiatry* in 1991, and in 1992 the *Journal of Adolescence*, an international journal). I have co-edited and written chapters for the *Handbook of Adolescent Risk Behaviors*, published by Plenum Press in 2001. Another related activity has been my role as the psychiatric consultant to a NIH-funded project demonstration that examines behaviors in HIV-infected adolescents. This is allowing our group to further refine our risk assessment for high-risk adolescents and develop more appropriate interventions. In addition, I have published several articles on international aspects of this area (Williams & Ponton, 1992; Ponton & Lees, 1998). I am the author of a popular book on this topic entitled *The Romance of Risk: Understanding Adolescent Behavior*, which was first issued in hardcover in 1997, and in paperback in 1998. This book has been translated into Japanese and Spanish. In 2003, I was one of five editors chosen to write the first text book in Adolescent Psychiatry, and edited the

section on risk-taking and sexuality. I am currently working on a revised edition of *Romance of Risk*.

#### B. Sexual/Gender Studies in Child and Adolescent Development

My second area of research has developed over the past eight years. During the course of my research with adolescent risk behaviors I became particularly interested in how gender and sexuality affect patterns of risk behaviors. Examples of this are the patterns of abnormal eating behaviors noted in adolescent girls. (Ponton, L., [1995]. A review of eating disorders. In R.C. Marohn & S.C. Feldstein [Eds.], *Adolescent Psychiatry: The Annals of the American Society for Adolescent Psychiatry*, vol. 20. New York: Analytic press, pp. 267-285). Psychiatric treatment of adolescents is also affected by gender issues. I investigated and wrote a paper on the topic (Ponton, L. [1993]. Issues unique to psychotherapy with adolescent girls. *American Journal of Psychotherapy*, 47(3):353-372) outlining treatment strategies which address the differences. A gender issue for girls and adolescent females, as well as adult women, is the subject of sexual harassment. Currently I am conducting studies on adolescent girls and risk-taking. I published a chapter in an American Psychiatric Association volume (Ponton, L.E. [1996]. Sexual harassment of children and adolescent girls. In D. Schreir [Ed.], *Sexual harassment in the workplace and academia: Psychiatric issues*. Washington, D.C.: American Psychiatric Press. pp. 181-201). I am one of the editors of the first *Textbook of Adolescent Psychiatry* (APA Press), and developed the section on sexuality and risk-taking. Penguin Press published my second popular book, *The Sexual Lives of Teenagers*, in 2001. It has also been released in paperback. I have also worked with the National Mental Health Alliance to educate parents about adolescent sexuality. This booklet was distributed to all American families in September of 2002. Recently, a 40 minute film has been made about my work with adolescent girls and risk-taking, and has been used nationally to educate girls and their parents. In 2004, two major papers have been published on my work in the area of adolescent sexuality. The first is the largest study to date of boys who have been sexually abused by Catholic priests, the second is a paper on adolescent sexual identity.

#### C. Adolescent Psychotherapy

A third area of interest related to the other two has developed during the past two to three years. During this period I have researched and written several chapters for a book on adolescent psychotherapy. This book will include clinical cases and major sections on theory, technique and research. I am corresponding with adolescent psychotherapists throughout the country and have visited adolescent psychotherapy research groups lead by Ted Shapiro and James Anthony. Chapters address the treatment of depression, disordered eating and trauma, subjects that I am familiar with. Key to understanding this complex subject, I approach it from an integrative perspective, examining dynamic/relational, cognitive-behavioral, family, biological and philosophical perspectives.

### RECENT SIGNIFICANT PUBLICATIONS

1. Ponton, L. (2000, 2001). *The Sex Lives of Teenagers*. New York: Dutton-Penguin.  
This work describes the spectrum of adolescent sexual behavior, identifying the risks, both healthy and unhealthy. It highlights the near-impossible struggle of developing a sexual identity in our culture, a culture very much divided about teen sexuality, viewing it on the one hand as readily available material for media exploitation, and on the other as something so dangerous that it should be postponed indefinitely. I hope that this book will have the impact on the understanding of adolescent sexuality that *The Romance of Risk* had on adolescent risk-taking. Already, it has resulted in considerable interest, both academic and popular, best exemplified by an article and interview in the Science section of the New York Times in February of 2002.
2. Ponton, L (2003). "*What Does Gay Mean*": *How to Talk with Kids about Sexual Orientation*. National Mental Health Association, Washington. (available upon request)  
This article was distributed to all American families in September of 2003. It was also piloted with thousands of families in different regions of the US. It is part of my developing advocacy work in the area of adolescent sexuality. It was featured on the Today Show, Good Morning America, and has been sponsored by the National Mental Health Association.
3. Ponton, L and Judice, S (2004). Typical Adolescent Sexual Development. In *Child Adolesc Psychiatry Clin N Am*, Vol 13, pp. 497-511

This article outlines the adolescent sexual developmental process in terms of three areas: biological, psychological and socio-cultural. It also discusses two other key factors important to adolescent sexual development including the current state of sexual education and adolescent sexual risk-taking.

4. Ponton, L and Goldberg, D (2004). Sexual Abuse of Boys by Clergy. In *Adolescent Psychiatry Annals*, vol 28, pp. 209-229.  
This article reports on research conducted on 28 men who were sexually abused by clergy as boys. It examines resulting psychopathology of these men in regards to depression, suicide ideation and substance abuse. It also examines characteristics of the abuse, and the impact on the men's sexual identity and spirituality. Two case studies are examined in depth.
5. Ponton, L.E. (In Press, 2010). *Sexuality and Risk-Taking*. In Falligant, E.L. (Ed.), *Raising an American Girl*. Wisconsin: American Girl Publishing.
6. Ponton, L.E. (In press). *After Eighteen: Parenting the Next Ten Years*.
7. Ponton, L (In Press). *Métis: A Novel* – Section entitled Angeline included  
My first novel chronicles four adolescents across four generations in a family of descendents of the Métis tribe. In their coming of age, these four teenagers embark on journeys of spirituality and personal discovery of identity. The four stories intertwine as wisdom is passed on and each learns from the one before what it takes to make ones dreams come alive.
8. Ponton, L (In Press). *The Risky Alliance: Psychotherapy with Adolescents* – chapter 17 included  
This book will be published in 2009 by Guilford, an academic press. It discusses techniques of psychotherapy and covers both theoretical and practical issues, describing how therapists can integrate complex theoretical approaches. Integrating dynamic/relational, cognitive-behavioral, family, biological and philosophical perspectives of therapy with adolescents has been an arduous but rewarding process.

## **PUBLICATIONS**

- Ponton, L.E., Philips, I. (1983). Recent developments in childhood depression. *Western Journal of Medicine*, 138: 410-411.
- Ponton, L.E., Philips, I. (1983). Review of Father and child: Development and clinical perspectives. *Journal of the Academy of Child and Adolescent Psychiatry*, 22:314-315.
- Ponton, L.E. (1985). Adolescent pregnancy in response to therapist pregnancy (abstract). *Journal of the Academy of Child and Adolescent Psychiatry*, Meeting Proceedings, 1:13.
- Ponton, L.E., (1986). Review of Suicide and pregnancy. *Internal Medicine for the Specialist*, 7(11): 18-19.
- Budman, C., & Ponton, L.E. (1986). A psychiatric model for treatment of the adolescent refugee (abstract). *Journal of the Academy of Child and Adolescent Psychiatry*, Meeting Proceedings, 2:8.
- Ponton, L.E., (1987). Geographic mobility and the refugee adolescent. *Journal of Preventive Psychiatry*, 3:313-322.
- Hartley, D., & Ponton, L.E. (1987). Inpatient adolescent suicide attempts (abstract). *Scientific Proceedings of the Annual Meeting of the Academy of Child and Adolescent Psychiatry: Addendum*.
- Ponton, L.E. (1987). Adolescent sexuality, pregnancy, and parenthood in the Institute on Adolescent Development (abstract). *Scientific Proceedings of the Annual Meeting of the Academy of Child and Adolescent Psychiatry: 4*.

Ponton, L.E., & Hartley, D. (1987). Premature termination from adolescent inpatient psychiatric treatment (abstract). *Scientific Proceedings of the Annual Meeting of the Academy of Child and Adolescent Psychiatry*, 8.

Ponton, L.E. (1990). AIDS and the role of the adolescent psychiatrist. *American Society for Adolescent Psychiatry Quarterly*, 4:15-17.

Ponton, L.E.. (1990), Adolescent dreams: An examination of their sexuality. *Dialogues: Journal of Psychoanalytic Perspective*, 8:49-56.

DiClemente, R.J., Ponton, L.E., & Hartley, D. (1991). Prevalence and correlates of cutting behavior: Risk for HIV transmission. *Journal of the American Academy of Child and Adolescent Psychiatry*, 30(5): 735-40.

Ponton, L.E., Bryant, E., & DiClemente, R.J. (1991). Child and parent response to the earthquake: A follow-up study (abstract). *Society for Research in Child Development. Volume 4*.

Ponton, L.E., DiClemente, R.J., & McKenna, S. (1991). An AIDS education and prevention program for psychiatrically hospitalized adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 30:729-735.

Etemad, J., & Ponton, L. (1991). Impact of HIV on child and adolescent psychiatry. *Journal of the American Academy of Child and Adolescent Psychiatry*, 30(5):721-23.

Ponton, L.E., & Bryant, E. (1991). After the earthquake: Organizing to respond to children and adolescents. *Psychiatric Annals*, 2:538-546.

Ponton, L. (1991). Psychotherapy with adolescent girls (institute abstract prepared by R. Hendren). *Scientific Proceedings, Academy of Child and Adolescent Psychiatry*, 7:2.

- Hendren, R., Berlin, I., & Ponton, L. (1991). A multi-cultural approach to psychiatric inpatient care of children and adolescents. *Scientific Proceedings, Child and Adolescent Psychiatry*, 7:25.
- Ponton, L. (1991). Caring for HIV-infected youth. (symposium abstract prepared by L. Brown), *Scientific Proceedings of the 1991 Meetings of the American Academy of Child and Adolescent Psychiatry*, 7:32.
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